

Let's Talk About It Cincy

Youth, Family & Community Wellness

FOR IMMEDIATE RELEASE

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Let's Talk About It Cincy Takes Youth Wellness to the Water with Gone Fishing at Madi's House

Host partner Madi's House and 2026 program event sponsor Fifth Third Bank stand with LTAI Cincy to give young people an evening outdoors, a chance to decompress, and a safe place to talk about wellness

CINCINNATI, Ohio (October 22, 2026) – Let's Talk About It Cincy (LTAI Cincy) will host **Gone Fishing**, an evening of fishing, conversation, and s'mores by the fire pit for the young people in its Life Skills Group, on **Thursday, October 29, 2026, from 4:00 to 6:00 PM at Madi's House, 2360 Kipling Avenue, Cincinnati, Ohio 45239**. The event brings together LTAI Cincy, its host partner Madi's House, and its 2026 program event sponsor Fifth Third Bank in a shared commitment to the wellbeing of Cincinnati youth and families.

Gone Fishing is built on a simple idea: a mental break can be as simple as time by the water. Participants will spend the evening fishing together and close the night around the fire pit with s'mores. Time outdoors, a shared accomplishment, and easy conversation give young people a healthy, practical way to decompress, and they open a natural door to honest talk about stress and self-care.

"Meaningful change begins with conversation, and conversation comes easier when people feel relaxed and connected," said Gina F. Marr-Hawkins, QMHS, OCPSA, who leads LTAI Cincy. "When our young people are standing at the water's edge waiting on a bite, they open up in ways they might not in a classroom or an office. Gone Fishing gives them a real mental break and reminds them that taking care of their minds matters just as much as anything else they do. None of this happens alone. Madi's House opens its doors to us, and Fifth Third Bank believes in this work enough to invest in it. That is what it looks like when a community comes together to support its own."

Madi's House serves as the home base for LTAI Cincy's 2026 fall and holiday series. Its focus on friendship, encouragement, and belonging for people navigating mental health challenges aligns closely with LTAI Cincy's own mission. Every gathering in the series takes place at Madi's House on a Thursday evening from 4:00 to 6:00 PM, a consistent rhythm that makes it easier for families to plan, return, and build trust over time.

Fifth Third Bank, a Cincinnati-headquartered institution, is LTAI Cincy's 2026 program event sponsor. Its support helps bring these gatherings to local youth and families and reflects a shared belief that strong communities are built when neighbors, community organizations, and local businesses each bring what they have to the table.

Gone Fishing touches four of the 8 Dimensions of Wellness that guide all LTAI Cincy programming: emotional, physical, social, and environmental. It also opens a three-part series. **Friendsgiving 2026** follows on Thursday, November 12, bringing the Life Skills Group and community partners together around a shared table to celebrate gratitude, peace, and unity. The **Life Skills Gift Giving Event** closes the year on Thursday, December 17, with a holiday celebration that invites neighbors, partners, and supporters to take part through gift donations. Both events take place at Madi's House from 4:00 to 6:00 PM.

Members of the media are invited to attend Gone Fishing. To arrange coverage, photography, or an interview, or for more information about the 2026 series, contact Gina F. Marr-Hawkins, QMHS, OCPSA, at (202) 738-2458.

About Let's Talk About It Cincy

Let's Talk About It Cincy (LTAI Cincy) is a community engagement and wellness program serving youth, families, and communities across the City of Cincinnati and Hamilton County. Led by Gina F. Marr-Hawkins, QMHS, OCPSA, a community program manager with more than 30 years of nonprofit sector experience, LTAI Cincy creates opportunities for open dialogue, education, and connection around mental health and wellness. Its programming is organized around the 8 Dimensions of Wellness and delivered through the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA). Offerings include Life Skills Group programming, intergenerational healing circles, holistic health pop-up workshops, and community outreach that connects families to the support and resources they need.

About Madi's House

Founded in loving memory of Madison (Madi) Raleigh, Madi's House is a warm, welcoming space where individuals navigating mental health challenges can find friendship, encouragement, and a sense of belonging. Through fun activities, wellness programs, and meaningful connections, Madi's House offers a supportive community where people can feel accepted, enjoy life, and continue their journey toward healing and recovery.

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